Timeframe for Self-Isolation/Quarantine Based on Testing Result
In accordance with CDS and NJ Department of Health, the following guidelines and practices are established for Quarantine practices

The purpose of quarantine is to keep people who might have been exposed (but not sick) to isolate COVID-19 away from others. **Isolation** is to keep sick people and those infected with the COVID-19 virus away from those who are not infected. Self-quarantine/isolation reduces the spread of COVID-19.

It is expected that a person is tested AND any person getting a COVID-19 diagnostic test (**PCR, Rapid Antigen, or self-home test)** will self-quarantine after specimen collection AND are advised of the results of their test, unless otherwise directed by those administering the test.

MASK: Continue to wear a well-fitted mask when around others at home and in public through day 10 for any of the quarantine time frames.
Persons who are unable to wear a mask when around others should stay home and isolate themselves from other people for a full 10 days.

This information is effective and updated on 1/13/2022 and subject to change per guidance from Burlington County Dept of Health					
	Symptomatic Person Tests positive	Symptomatic Tested negative	IN-HOUSEHOLD Close Contact of person tested positive (CLOSE CONTACT AS DEFINED BY NJDOH & CONTACT TRACER)	School Exposure	Asymptomatic Awaiting Test results
Timeframe for Quarantine or Self-Isolation *****Continue to wear a well-fitted through day 10 If unable to wear a mask when around others, stay home and isolate for a full 10 days.	Quarantine **5 days** since symptoms first begin Return Day 6 AND w/ improved symptoms IF NOT VAX***Quarantine 10 days	<u>IF FULLY VAX NO QUARANTINE REQUIRED</u> Quarantine 10 days Return day 11 IF NOT VAX***Quarantine 10 days	<u>IF FULLY VAX NO QUARANTINE REQUIRED</u> *If symptoms develop, <u>MUST</u> Quarantine 5 days and wear a MASK through day 10 IF NOT VAX***Quarantine 10 days	*Same quarantine applies; below Administrative approval to work remotely is determined based on % of school closure and approval by superintendent *CONTACT TRACER DETERMINES TYPE OF LEAVE	*But has a household is or close contact ** Staff members awaiting test results of an exposed or symptomatic household contact should stay out of work until household member receives their test results IF FULLY VAX NO QUARANTINE REQUIRED
Vaccinated employees	**Current GUIDANCE from the NJ Department of Health advises to follow above matrix regardless of VAX status*				

	● Everyone should wear a mask in K-12 schools at all times, regardless of vaccination status or the level of community transmission. ○ Monitor for symptoms of COVID-19 for 10 days and get tested and isolate immediately if they develop symptoms of COVID-19.
Quarantine for Medical Reasons	If a person is required to quarantine for medical related surgeries or reasons, they must use their sick and personal time. If this quarantine is related to a Leave of Absence, the same applies.
WHO DOES NOT NEED TO QUARANTINE	**People who are fully vaccinated and people who have tested positive on a viral test for COVID-19 within the past 90 days, completed 10 days of isolation and subsequently recovered *do not* need to quarantine if they come into close contact with someone diagnosed with COVID-19. They should monitor for symptoms of COVID-19 for 10 days after the exposure and isolate immediately if they develop symptoms of COVID-19. They should consult with a healthcare provider for testing recommendations if new symptoms develop. It is recommended to test 5-7 days after exposure.**
Travel Guidance FULLY VACCINATED	Travel Guidance: People who are fully vaccinated with an FDA-authorized vaccine or a vaccine authorized for emergency use by the World Health Organization can travel safely within the United States. ● CDC will update these recommendations as more people are vaccinated, as rates of COVID-19 change, and as additional scientific evidence becomes available. This guidance applies to travel within the United States and U.S. territories. ● **After Travel** ○ Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms. You do NOT need to get tested or self-quarantine if you are fully vaccinated or have recovered from COVID-19 in the past 3 months. You should still follow all other travel recommendations.

Travel Guidance NOT FULLY VACCINATED	If you are not fully vaccinated and must travel, take the following steps to protect yourself and others from COVID-19:
	
	• Before you travel:
	    ◦ Get tested with a viral test 1-3 days before your trip.
	• While you are traveling:
	    ◦ Wearing a mask over your nose and mouth is required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on open deck areas of a ferry or the uncovered top deck of a bus). CDC recommends that travelers who are not fully vaccinated continue to wear a mask and maintain physical distance when traveling.
	    ◦ Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
	    ◦ Wash your hands often or use hand sanitizer (with at least 60% alcohol).
	• After you travel:
	    ◦ Get tested with a viral test 3-5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
	        ■ Even if you test negative, stay home and self-quarantine for the full 7 days.
	        ■ If your test is positive, isolate yourself to protect others from getting infected.
	    ◦ If you don't get tested, stay home and self-quarantine for 10 days after travel.
	    ◦ Avoid being around people who are at increased risk for severe illness for 14 days, whether you get tested or not.
	    ◦ Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
	    ◦ Follow all state and local recommendations or requirements.

To locate a testing site near you: covid19.nj.gov/testing