

Dear Parents and Guardians,

I hope this email finds you and your family well. As the new school year is upon us, we find ourselves once again navigating through ongoing uncertainties. With that being said, the Physical Education teachers have been collaborating to come up with a safe and productive return to PE class. With limited space and COVID guidelines still in effect and constantly changing, we have created a weekly class rotation schedule for activities. This will enable us to utilize the locker room and maximize student participation while minimizing the number of students in the locker room at any given time.

Students will be participating in PE activities that are determined by the locker room rotation. Students will know ahead of time which rotation they are in. Students will either be changing for PE in the locker room in order to participate in activities like kick ball, softball, soccer and other activities that wearing gym clothes are required or not changing in the locker room in order to participate in activities like corn hole, bowling, paddle zlam, spike ball, table tennis and other activities where only sneakers are required in order to participate. In addition, we will be utilizing the tech lounge to do other PE related lessons as needed.

The Department rules and expectations are posted on the Physical Education google classroom. Each student is required to join the google classroom. This is where they can find the locker room rotation, class expectations, study guides, assignments, make up daily activity form and communicate with the PE teachers. Some important information:

1. All students will be given their own lockers with built in combinations to use all year
2. Students who are changing for class must change into a t- shirt, sweatshirt, work out shorts, sweatpants, work out pants and sneakers that tie. No slippers, boots, sandals, slides, crocks etc are permitted. No jeans/jean shorts, dress pants/dress shorts, pajamas, skirts, dresses, tank tops, half shirts, low cut shirts or hoodies are allowed. Shorts must be to mid thigh length all the way around the leg (not booty shorts) Students must change completely for PE (they cannot stay in the clothes they wore to school with the exception of the days they are not changing) and no jewelry is allowed for safety reasons.
3. Students who are not changing in the locker room on days they do not have to must still change into sneakers that tie. No slippers, boots, sandals, slides, crocks etc are permitted. Only sneakers will be allowed.
4. Students who are unprepared are not allowed to participate. Instead they will have an opportunity to do a daily make up activity for half credit on their own time. The activity is due before the following week and is found on google classroom. Keep in mind that 75% of the student's PE grade is based on their participation. The other 25% is based on assessments.

CDC guidelines will be strictly adhered to for the safety of all the students and staff. As time goes on we will adjust our process as CDC guidelines change. We are doing our best to safely give the students a positive and safe return to some sense of normalcy. If you have any questions or concerns, please email your child's teacher as they are the best resource to answer specific questions related to your student.