

BCIT - Medford

1/7 - 1/11/19

Our menus are aligned with the USDA's Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special/Everyday

Pizza

Meatless Options

MONDAY	Nacho's w/meat sauce
TUESDAY	Beef Chili
WEDNESDAY	HALF DAY NO LUNCH
THURSDAY	Chicken Patty Sandwich
FRIDAY	Chef's Choice

Daily Special/Everyday

Deli Sandwiches

Variety of Salads

MONDAY	Beef Taco's
TUESDAY	Ham & Cheese on Pretzel Bun
WEDNESDAY	HALF DAY NO LUNCH
THURSDAY	Pizza
FRIDAY	Chef's Choice

Daily Special/Everyday

MONDAY	Corn
TUESDAY	Broccoli
WEDNESDAY	HALF DAY NO LUNCH
THURSDAY	MIXED VEGGIES
FRIDAY	Chef's Choice

CREATIONS

This Week's Feature:

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.