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## HOCKEY GLOSSARY

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<b>Backhand Pass</b>	Passing the puck by moving stick across the body with palm of bottom hand going in the backward direction (pull with bottom hand).
<b>Backhand Shot</b>	Shot made with the stick from the left side by a right-handed player or from the right side by a left-handed player.
<b>Boards</b>	The wall or boundaries around a floor hockey rink.
<b>Body Check</b>	Placing yourself between your opponent and the puck to gain advantage while both players have their sticks on the puck.
<b>Clearing the Puck</b>	When an athlete gets the puck out of his or her own defensive zone.
<b>Cross Checking</b>	When a player holds the stick horizontally and shoves another player with it.
<b>Face-off</b>	The method of starting play; the dropping of the puck by the official between the sticks of two opposing players, used to begin each period or to resume play when it has stopped for other reasons.
<b>Forehand Pass</b>	Passing the puck by moving stick across the body with palm of bottom hand going in forward direction (pushing with bottom hand).
<b>Forehand Shot</b>	Shot made with the stick from the right side of a right-handed player or from the left side of a left-handed player.

<b>Goal Crease</b>	Area for the goalie that is defined by a line on the court (goalies must remain inside this area and all other players outside of the area).
<b>Goalie</b>	Player in goal crease trying to prevent the other team from scoring.
<b>High Sticking</b>	Carrying the stick above shoulder level.
<b>Interference</b>	Preventing the progress of an opponent who is not in possession of the puck.
<b>Jersey</b>	A uniform shirt numbered on the back.
<b>Lift Shot</b>	A shot in which the puck rises off the floor.
<b>Rebound</b>	When a puck bounces off the goalie's body or equipment or off the goal posts.
<b>Screen</b>	Standing in the line of sight between the puck and the goalie.
<b>Stick Check</b>	Lifting an opponent's stick off of the puck.
<b>Stick Handling</b>	Controlling and moving the puck with a stick.
<b>Wall Passing</b>	Using the boards to assist with passing.